

**ERASMUS**+

2014 - 2020 programme for Education,  
Training, Youth, and Sport



**Saint John's High School (Lykeio Agiou Ioanni)**

**Limassol, CYPRUS**

**ERASMUS PLUS PROGRAM: GEOPARKS - NATURAL AND CULTURAL  
HERITAGE THAT JOINS EUROPEAN STUDENTS AND TEACHERS, 2018-  
1-PL01-KA229-050575\_5**

**C1: TRAINING FOR STUDENTS IN CYPRUS (Short Term Exchange of  
groups of pupils)**

**Daily Program  
4<sup>th</sup> of November – 8<sup>th</sup> of November 2018**

Date	Analytical Program of Each day	
<b>Sunday 1<sup>st</sup> day</b> <b>04/11/2018</b>	Our Erasmus Plus partners (teachers and students) arrive at Larnaca or Paphos airport in Cyprus. <b>Transfer to the hotel in Limassol. Host families will wait for the students at the hotel, depending on the time of their arrival. More informations in our students hospitality.</b>	
	<b>Students Program</b>	<b>Teachers program</b>
<b>Morning</b>	<p><b>07.30</b> Arrival at school with host students.  <b>07.30 – 08.00: Closed sports hall</b>, Ice breaking activities between the students. Learning people through a game. Team Building.  <b>08.00 – 09.00: Chemistry and Physics Laboratory</b>, Experimental Lesson in Physics (Gravity and gravitational acceleration in Geophysics) and Chemistry (Chemical Elements in Geochemistry)  <b>09.00 – 09.30:</b> Break with the students</p>	<p><b>08.30:</b> Pick up time from the hotel and arrival at school (minibus will be arranged)            Tour of school &amp; Meeting the teachers and students  <b>09.00 – 09.30:</b> Meeting with the headmaster and discussion about the program.</p>
<b>Monday 2<sup>nd</sup> day</b> <b>05/11/2018</b> <b>1<sup>st</sup> day of our training</b>	<p><b>09.30 – 10.00: Welcoming speeches from:</b></p> <ul style="list-style-type: none"> <li>• <b>Nikolas Nikolaou</b> (Coordinator of Cyprus team and organizing committee of the Seminar)</li> <li>• <b>Sylvia Oikonomidou</b> (Director of Saint John's High School)</li> <li>• <b>Nikolas Toubas</b> (President of our students Association)</li> <li>• <b>Kyriakos Nikiforou</b> (President of Parent's Association)</li> <li>• <b>Mr. Dinos Ellinas</b> (President of Limassol Schools Authorities)</li> <li>• <b>Mrs Magdalena Szewczyk</b> (General Coordinator of the Geoparks Erasmus Plus Program)</li> </ul> <p><b>10.00 – 10.10:</b> Cyprus presentation of the school and Limassol, Cyprus  <b>10.10 – 10.20:</b> Poland presentation of the school and Wroclaw, Poland  <b>10.20 – 10.30:</b> Bulgaria presentation of the school and Varna, Bulgaria  <b>10.30 – 10.40:</b> Spanish presentation of the school and Velez Rubio, Spain  <b>10.40 – 10.50:</b> Hungarian presentation of the school and Kaposvar, Hungary  <b>10.50 – 11.00:</b> France Guadalupe presentation of the school and Pointe Noire, Guadalupe, France</p> <p><b>11.00 – 11.30:</b> Break (coffee and snacks)  <b>11.30 – 12.15: Presentation of the Geopark of Troodos</b>  <i>Dr Efthimios Tsiolakis</i>  <i>Head of the Seismology Section, Geological Survey Department</i>  <i>Ministry of Agriculture, Rural Development and Environment</i></p>	
<b>Afternoon</b>	<p><b>12.15 – 14.00: Art Classroom</b>, Students will be doing a laboratory lesson in pottery to understand how we can make pots and generally how to transform pottery mortar out of soil and water (Classroom and Laboratory of Arts). The students will create their own potteries, bake them in ovens, and on Wednesday will proceed in their decoration using their imagination.  <b>14.00:</b> Students will go to host families for lunch and free time till the evening.</p>	<p><b>12.15 – 14.00: Library</b>, Discussion of the teachers about all trainings and meetings. At the end we must fix and decide the final dates about the meetings for each country to host. All coordinators have to be prepared to suggest the possible visiting dates so as to agree the meeting dates for each country.  <b>14.00:</b> Lunch at school that will be offered by Cyprus team  <b>15.00: Return to the hotel and free time till the evening.</b></p>
<b>Night</b>	<p><b>20.00: Cyprus Night at the school.</b> Teachers of the Cyprus team, Students and Parents Association will prepare and offer a night with traditional food, sweets, drinks, dances and music from Cyprus. Participating students will come with host families and teachers with minibus from the hotel.</p>	

	<p align="center"><b>Day spent at Troodos. (Common Program for students and teachers for the whole day)</b></p> <p><b>08:00:</b> Departure for the teachers from the hotel with the bus which will pass from the school to receive students and Cypriot teachers of Cyprus team.</p> <p><b>08:30:</b> Departure from the school to Troodos Mountain.</p> <p><b>10.00:</b> Quidded tour to Troodos arranged from the Visitor Centre Geopark (<a href="http://www.troodos-geo.org/cgi-bin/hweb?V=index&amp; FAA=1&amp;-dindex.html&amp; VLANGUAGE=en">http://www.troodos-geo.org/cgi-bin/hweb?V=index&amp; FAA=1&amp;-dindex.html&amp; VLANGUAGE=en</a>)</p>
<p><b>Morning</b></p> <p><b>Tuesday 3<sup>rd</sup> day</b>  <b>06/11/2018</b>  <b>2<sup>nd</sup> day of our training</b></p>	<p><b>Arranged program with activities for 3 hours.</b></p> <ul style="list-style-type: none"> <li>• <i>Learning about Geopark and the land that formed 93 million years ago at the bottom of the Ocean.</i></li> <li>• <i>Learning about Troodos Geoparks minerals, Troodos Ophiolite and mines</i></li> <li>• <i>Learning activity with magnifying glasses and Geological tools</i></li> <li>• <i>Being a geologist for one day.</i></li> </ul> <p><b>All activities will be done by the expert Geologist Mrs Konstantina Theofylaktou (Visitor Centre of Geopark)</b></p> <p><b><i>Activity: Students must pick up small rocks from the mountain for their Art lesson the next day about the creation of Cyprus island (knowledge that they will spent all day)</i></b></p>
<p><b>Afternoon</b></p>	<p><b>13.00:</b> Lunch in a local restaurant for all (Pelendri traditional village, tavern Simposio).</p> <p><b>15.00:</b> Departure for Caledonia nature trail, Walking to the path from Staring point to the end (approximately 1,5 hour). Photo Contest among all Students from the project with theme: Water and Nature Life (Biodiversity) in Cyprus, a different view of Cyprus !!!, the winners of the contest will take presents from Cyprus (3 winners with the best photos, each participant must pick only 2 photos of all photos that will represent them in the contest, that will take place Wednesday morning in ICT classroom with all students and teachers of the program).</p>
<p><b>Evening</b></p>	<p><b>18.00:</b> Departure from Troodos to Limassol</p> <p><b>19.00 – 21.00:</b> Free evening, dinner for all (hotel or hosting homes)</p>
<p><b>Night</b></p>	<p><b>21.00:</b> International night in the school (all participant schools will prepare short presentation with dance or music or anything else they want showing to all countries their culture, foods, drinks, music and dances). Dear partners and students bring with your food or snack or drinks or sweets from your country and be prepared to show your culture to participants from Cyprus students and teachers and maybe some parents that they want to join us.</p>

	<b>Students Program</b>	<b>Teachers program</b>
<b>Morning</b>	<p><b>7.30</b> Arrival at school with host students.</p> <p><b>7.30 – 9.00: ICT classroom</b>, for their photo contest. Each student must provide 2 photos, and all together will vote for the best photo in 3 categories (flora and fauna photos, geology photos, and water photos). Winners of the competition will have presents from our Cyprus team.</p> <p><b>09.00 – 09.15:</b> Break with all the other students of the school.</p> <p><b>9.15 – 10.45: Art classroom</b>, students will have an art lesson and they will design their rocks having a special theme for their design. They will be able to take their own rocks with them at the end of the lesson so to have memory designed rock from Cyprus either in their homes either in their schools.</p> <p><b>10.45 – 09.15:</b> Break with all the other students of the school.</p> <p><b>11.10 – 12.40: ICT classroom</b>, Groups of students that will be created from ice breaking activity on Monday will try to represent the following themes (each group will have till 4 students, 3 or 4 students from different countries). Students will try to make 5 minutes presentation in power point for one of the following themes:</p> <ol style="list-style-type: none"> <li>1. Troodos Unesco Global Geopark</li> <li>2. Geopark Troodos: A historical review of Cyprus</li> <li>3. Vein and volcano stones in Troodos</li> <li>4. Geology in Cyprus Geopark of Troodos</li> <li>5. Fauna and Flora in Troodos</li> <li>6. Our experience in Geopark of Troodos</li> <li>7. Erasmus Plus Program – meeting in Cyprus – Our experience</li> <li>8. Culture in Cyprus what we like and what we didn't like</li> </ol> <p><b>12.40 – 12.50:</b> Break with all the other students of the school.</p>	<p><b>08.30:</b> Arrival at the school from the hotel with the minibus</p> <p>Tour of school &amp; Meeting the teachers and students</p> <p><b>09.00 – 12.50: Library</b>, Meeting with all teachers of all participants countries so to discuss the following:</p> <ol style="list-style-type: none"> <li>1. Timetable of the program for all 24 months of the project.</li> <li>2. Products that we will have in each meeting and training that we will do and especially in our next meetings</li> <li>3. Rules of our program cooperation</li> <li>4. What we have to represent in each training for next year</li> <li>5. What activities must students monthly</li> <li>6. Different activities and themes about the project</li> </ol> <p>Each theme will be discussed after a short presentation from the coordinator of the program Mrs Magdalena Szewczyk. I will keep all the decision and informations in computer and I will prepare at the end a final report of our discussion, so as everybody is able to make similar things and what we need for our programs with our students that will take part in the project.</p>
<b>Wednesday 4<sup>th</sup> day 07/11/2018 3<sup>rd</sup> day of our training</b>		
<b>Afternoon</b>	<p><b>12.50 – 14.00: Library</b>, 5 minutes presentation from each group of students about their whole work that they have done. Presentation will be made at the library of the school for everybody to watch and to discuss about our project and our experience.</p>	
<b>Evening</b>	<p><b>14.00:</b> Students will go to host families for lunch and free time night.</p>	<p><b>14.00:</b> Teachers will have lunch at Marina Limassol with our teachers of the team and then free time till night.</p>
<b>Night</b>	<p><b>21.00: Farewell party:</b> The party will be done in a local tavern with traditional mezedes, live music and alcohol for all teachers (students may drink whatever they want but no alcohol, they don't need alcohol to dance). Prepare to dance in live Greek music as Cypriots know to dance 😊.</p>	

**Departure day of all participants. If you arrange your departure day to be late in night, we can arrange also a sightseeing day in Nicosia so to be able to show you our history.**

**Sightseeing day – history of Cyprus  
(not included in the official training program, optional)**

**Thursday 5<sup>th</sup>  
day  
08./11/2018  
Departure  
day**

**8:00/8.30:** Breakfast at the hotel

**9.30:** Departure from Limassol (Hotel) to go to Nicosia

**11:00:** Arrival to Nicosia, visit Tumulus Makedonitissas and Imprisoned graves ([https://en.wikipedia.org/wiki/Imprisoned\\_Graves](https://en.wikipedia.org/wiki/Imprisoned_Graves))

**12:30:** Visit the Cyprus Museum ([https://en.wikipedia.org/wiki/Cyprus\\_Museum](https://en.wikipedia.org/wiki/Cyprus_Museum)) , and Cyprus Parliament

**13:30:** Visit to the Leventio Museum (<http://www.nicosia.org.cy/en-GB/discover/museums/leventis-municipal-museum/>)

**14:30:** Free time to the old city (maybe café or restaurant or fast food from old city). Walk to the old city of Nicosia – Buffer Zone, Shacolas Tower Museum & Observatory and Eleftherias square or free time for walking and shopping.

**16:00:** Departure from old town and driving with the bus we will see Medieval Walls, Roman Aqueduct, Statue of Liberty and Famagusta gate or Archbishop's Palace

**16.00:** Departure from Nicosia

**17.00:** Arrival to Limassol

**Departure of all participants according to their flights (I' m waiting for all partners to send me their participants and arrivals, departure flights)**